

Issue: 09/2023-24

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RI DIST 3181

Club Charter No:51077

OFFICIAL BULLETIN OF ROTARY CLUB OF MANGALORE DOWNTOWN

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+91 7975525054

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We Meet :

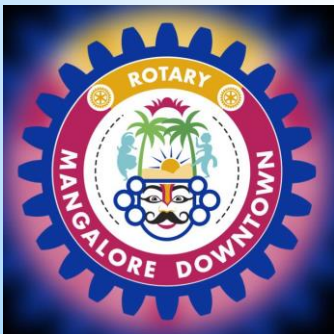
Alternate Tuesday

Venue: Green Room,
Eden Club, Nanthoor,
Mangalore - 575008

Time: 7:30 PM

Club Website:

<http://rcmangaloredowntown.rotaryindia.org/>



PRESIDENTIAL MUSINGS

One of the most prevalent disease among women is breast cancer. As the saying goes, "Prevention is better than cure", our club took the initiation in association with various government departments and organised a medical camp for the detection of breast cancer using AI technology. I am also very proud to say that this is the first time ever AI



technology being used in breast cancer detection in the district of Dakshina Kannada. Kudos to Rtn Dr. Savitha Gatty is organising the event.

It is also said that life should not be taken so seriously otherwise we will not enjoy it. So, to have some relief from our daily stress, we have organised an Interactive session with the renowned Tulu Cine Artist Aravind Bolar and Walter Nadalike of M/s Daijiworld. During the interaction we came across the ups & downs of these personalities, their struggles in life and how they overcome the same. These are inspirational to everyone to emulate.

3rd March is the National Polio Immunisation drive. India is declared polio free in the year 2014. We have not detected any cases of polio afterwards. In order to maintain this status, it is very much essential to keep our children vaccinated to ward off polio. Rotary is playing its part in this effort and joining hands with the Government. Our club is also extending all the support in this regard.

"An ounce of prevention is worth a pound of cure"

– Benjamin Franklin

“BREAST CANCER DETECTION & HEART CHECK-UP CAMP”



14th February, 2024

The first ever Breast Cancer Detection and Heart Check up camp in Dakshina Kannada District using Artificial Intelligence (AI) was organised by Rotary Mangalore Downtown in association with Public Health Centre, Bondel and AJ Hospital and Research Institute at PHC Bondel under the leadership of Rtn Dr Savita Gatty and Rtn Umesh Gatty on 14th Feb 2024. District Health Officer, DK District, Dr Thimmayya H. R. Inaugurated the program.

“One of the best aspects of health care reform is its emphasis on prevention”

– Anne Wojcicki

“ಸಂವಾದ”



21st February, 2024

Rotary Mangalore Downtown was honoured to be part of “ಸಂವಾದ”, an interactive program with famous Tulu Cine Artist Shri. Aravind Bolar and Daijiworld’s Shri. Walter Nandalike organised by Swastika National Business School at Vijnana Bhavana, Pilikula. It was a fun filled interaction with two well known personalities from Mangalore who deliberated on their life experiences, ups & downs, their progression in their respective career.

FORTHCOMING ROTARY EVENTS

“ELEVATE”



Rotary District 3181

THE MAGIC OF ROTARY

ELEVATE

LEARN TO PLAN - PLAN TO EXCEL

PELS, SELS & ZLELS 2024 - 25

Learning Seminar for President Elect, Secretary Elect & Zonal Lieutenant Elect

6th & 7th April 2024

Gem Park, Ooty

Event Organised by: **RC Mysuru North** || Coordinator Club: **RC Chamarajanagar**

‘ELEVATE- LEARN TO PLAN – PLAN TO EXCEL’, PELS, SELS & ZLELS-2024-25- A learning seminar for President Elect, Secretary Elect & Zonal Lieutenant Elect will be held at Gem Park, Ooty on 6th & 7th April, 21024. The event will be organised by RC Mysuru North in coordination with RC Chamarajanagar.

ROTARY INTERNATIONAL CONVENTION - 2024

“SHARING HOPE WITH THE WORLD”

Rotary International Convention for 2024 will be held at Singapore during 25th to 29th May, 2024.

The venue will be Martina Bay Sands Expo & Convention Centre and National Stadium, Singapore.

Interested members are requested to register for the event.



SHARING HOPE WITH THE WORLD

AT THE 2024 ROTARY INTERNATIONAL CONVENTION IN SINGAPORE, 25-29 MAY

Register today at convention.rotary.org

2024 Rotary International Convention Registration Fees

REGISTRATION CATEGORY	27-31 MAY 2023	1 JUNE 2023 TO 15 DECEMBER 2023	16 DECEMBER 2023 TO 31 MARCH 2024	1 APRIL 2024 TO 29 MAY 2024
Club member, nonmember, or guest, age 31 or over	\$450	\$500	\$595	\$695
Club member, nonmember, or guest, age 30 or under	\$150	\$175	\$225	\$275
Guest age 5-18	\$20	\$20	\$30	\$40
Guest under age 5	Free	Free	Free	Free
Saturday, House of Friendship only	\$60	\$60	\$60	\$100

All amounts are in U.S. dollars.

Register today at convention.rotary.org

#Rotary24

Rotary SINGAPORE 2024

FORTHCOMING ROTARY EVENTS

“END POLIO NOW- POLIO VACCINATION”

SUNDAY Rotary **03-03-2024** **CREATE HOPE in the WORLD**

NATIONAL IMMUNISATION DAY

Protect your child
VACCINES prevent POLIO

We are this close to end POLIO

ನಾವು ಪೋಲಿಯೊ ಅಂತ್ಯಕ್ಕೆ ಇಷ್ಟು ಹತ್ತಿರದಲ್ಲಿದ್ದೇವೆ
हम पोलियो को समाप्त करने के इतना करीब हैं

POLIO FREE WORLD

END POLIO NOW

Reasons to end POLIO...!!

- To improve lives
- To improve child health
- To invest in the future
- To save money
- To make history

Donate your time
Ending a disease is a massive effort and Rotary and our partners can't do it alone.

Donate your funds
We're closer than ever to eradicating polio but we're not done yet. Your gift will get us closer to the finish line.

Donate your voice
Get involved and spread the message so that we can end the second human disease in history.

We need your support. Come be a part of it...!!
ನಿಮ್ಮ ಆಧಾರ ನಮಗೆ ಬೇಕು. ಬನ್ನಿ, ಇದರ ಭಾಗವಾಗಿರಿ
हमें आपका समर्थन चाहिए। आओ, इसका हिस्सा बनो

I'M HELPING ERADICATE POLIO

It's Time... END POLIO NOW

#EndPolio

‘END POLIO’ – To maintain the status of India as a polio free nation, a polio vaccination drive is being held on 3rd March, 2024 all over India. Rotary International is joining hands with Government of India in meeting this challenge.

Polio's pretty special because once you get an eradication, you no longer have to spend money on it; it's just there as a gift for the rest of time.

- Bill Gates

FORTHCOMING ROTARY EVENTS

“NAVA VAIBHAVA ”

The District Conference for the Rotary Year 2024-25 for RID 3181 is named ‘Nava Vaibhava’ signifying the 9th year of formation of RID 3181. It will be held from 24th to 26th January, 2025 at Adyar Gardens, Mangaluru under the leadership of Rtn Vikramadatta, D.G for 2024-25.

Registration counter was opened at the venue of ‘Prajna Parva’ on 20th & 21st January, 2024 offering early bird registration incentives. Few of our club members have availed the early bird incentive by registering at the venue.

Other members are also requested to register for the event as it is being held in Mangaluru.



Rotary District 3181

THE MAGIC OF ROTARY

ನವಾ ವೈಭವ 2024-25
ನವಾ ವೈಭವ
ದೇಶದ ಉದ್ದಕ್ಕೂ ನಡೆಯಲಿ

Rtn Vikramadatta
DG, 2024 - 25

24th, 25th & 26th January 2025 | ADYAR GARDENS, Mangalore

Registration Type	Amount (only 20 th & 21 st January 2024)	Amount (After 22nd January 2024)
Rotarian	Rs. 4,000.00	Rs. 4,500.00
Ann	Rs. 3,000.00	Rs. 3,500.00
Annet	Rs. 2,000.00	Rs. 2,500.00

OTHER AVENUES OF SPONSORSHIP

Commercial Stalls : Rs.10,000.00
Advertisement/Banners: Rs.5,000.00

REGISTRATION ARE OPEN

Platinum
Accommodation for Family in Suite Rooms & Registration for Couple + 2 Kids
Advertisement;
Memento Worth Rs. 7,500.00 & Hospitality.
Rs. 75,000.00

Gold
Accommodation for Family & Registration for Couple;
Advertisement;
Memento Worth Rs. 5,000.00
Rs. 50,000.00

Silver
Accommodations for Couple;
Registration for Couple
Rs. 25,000.00

* Gift Hamper for Registering only on 20th & 21st January 2024.

“RPL-2023-24”



Rotary CREATE HOPE in the WORLD

RPL 2023-24
...we are back ...

Host Clubs : Rotary Ivory City Mysore & Rotary Puttur Elite

Date : 3/3/2024, Sunday
@ St. Philomena College Grounds, Puttur

Dear Rotarians,
You will have a Golden Chance to display your own Cricketing Skills....“Be a Rotary Star”

- * The Tournament will be played with Teams formed Zonewise
- * Owners Fees Rs. 25,000/-
- * Sponsors - Limited Opportunities

Hurry up....

Rtn. H.R. Keshav
District Governor, RID 3181

Rtn. S. Balachandrar
District Chairman- RPL

Rtn. Divakar H.V.
Vice Chairman- RPL

Rtn. Mansoor B.
Vice Chairman- RPL

Rtn. Vishwanath N.P.
Vice Chairman- RPL

Event Co-ordinators
Rtn. Karthik Rai 9902169416 Rtn. Sushanth Harvin 9108773326

Rtn. Abdul Razak Kabakakars
President
Rtn. Oscar Anand
Secretary
Rotary Puttur Elite

Rtn. Sanjay Urs
President
Rtn. Shabana Iftikhar
Secretary
Rotary Mysore Ivory City

‘RPL 2023-24’ – Rotary Premier League, a major cricket tournament of RID 3181 is back.

Initially it was scheduled to be held on 3rd march, 2024. However, due to some unforeseen circumstances, the event is postponed. It is now scheduled to be held on 14th April, 2024 at St. Philomina College Grounds, Puttur.

EVENTS THAT JUST HAPPENED

“RLI- PART I, II & III”

Grab your opportunity... book your seat soon
Registration closes on 12-02-2024 Monday
only 3 days left for Registration

ONLY 3 DAYS LEFT

Rotary
RI Dist. 3181

ROTARY LEADERSHIP INSTITUTE
A Leadership programme for Rotarians
UPDATE your Rotary Knowledge
ENHANCE your Rotary Skills
EXPLORE your Potential
in Leadership

RLI PART I PART II & PART III

No Spot Registration

Hosted by:
ROTARY H D KOTE

On 18th February 2024
(Sunday) 8.30 am
Venue : **HOTEL PRESIDENT**
Bengaluru Neelgiri Road,
Next to Lido Theater, MYSURU

Registration Fee
Rs. 900/-

Bank Details: Name : ROTARY CLUB OF H D KOTE
Bank Name & Branch : STATE BANK OF INDIA
H D KOTE BRANCH, A/c No. 64005499643
FSC Code : SBIN00040698
After successful transaction, pls send the screenshot to
(WhatsApp Number 9148293122 (B.G. Gangadhara))

For Registration and further details please contact :
Rtn. B.G. Gangadhara
President, Rotary H D Kote
Mob.: 9148293122

For any further information and clarification
Rtn. Harish H.M.
District Secretary (Training)
Mob.: 9945135611, Email : harish.h.m59@gmail.com

Rtn. B.G. Gangadhara
President, Rotary H D Kote
Mob.: 9148293122

Rtn. Ganesh Lad C.Y.
IPP, Rotary HD Kote
Mob.: 9845591560

Rtn. Swamy
Secretary, Rotary H D Kote
Mob.: 9900854950

“RLI- PART I, II & III” - Rotary Leadership Institute- a leadership programme for Rotarians of RID 3181 was conducted on 18th February, 2024 at Hotel President, Mysuru. The programme mainly focuses of updating Rotary knowledge, enhancing Rotary skills and exploring the potential of each Rotarians. The programme was organised by Rotary Club of H.D. Kote under guidance of Rtn Harish H.M- District Secretary (Training).

“M-POWER - ELEVATE”



“M-POWER ELEVATE” - Multi District Assistant Governors Learning Seminar -2024-25 was held at Purple Palms Resort & Spa, Kushalnagar on 24th & 25th February, 2024 for the newly elected Assistant Governors of RID 3181 and other neighbouring districts. Rtn Suraj Hebbar of our club attended the seminar as District Officer of RID 3181.

The Downtowners

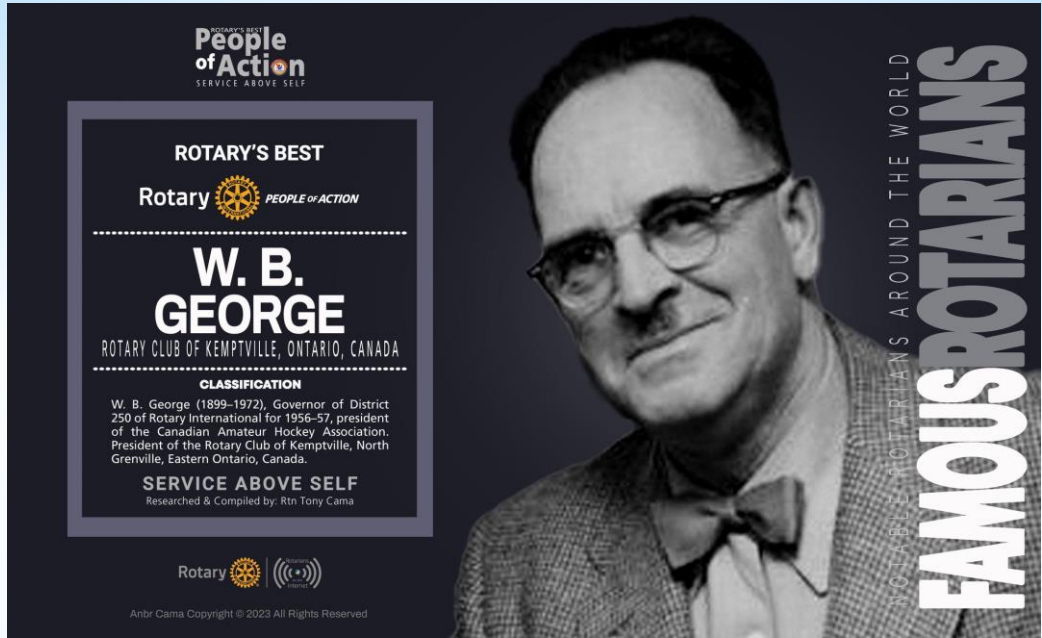


In recognition of the role played by Rtn Suraj Hebbar Neria in organising “Ride For Rotary- 8th Edition”, the core committee of the event which met on 17th February, 2024 at Abhi Dham, Madikeri, felicitated him.



Our member Rtn Eknath Dandekery is selected as ‘District Secretary-International Service’ for RID 3181 for the year 2024-25. The ID card of the same was handed over to him by our President Rtn Ganesh Prabhu and Rtn |Suraj Hebbar on 25.02.2024 at Eden Club, Mangalore.

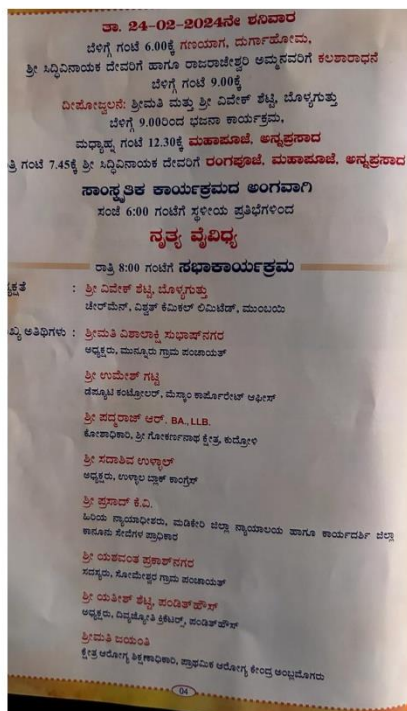
NOTABLE ROTARIANS AROUND THE WORLD



RTN. W. B. GEORGE

Rtn W.B. George (1899-1972), from Rotary Club of Kemptville, North Greenville, Eastern Ontario, Canada was the Governor of District 250 of Rotary International for the year 1956-57, President of American Amateur Hockey Association.

The Downtowners



Our Club Secretary Rtn Umesh Gatty was one of the Chief Guest during the stage programme held on 24th February, 2024 on the occasion of Annual Jathra Mahotsav of Shri Raja Rajeshwari Siddhi Vinayaka Temple, Kuthar, Mangalore



BRAIN TEASERS



SUDOKU

8		4			9			6
	5		7					
2	9		1		4		8	
					1			2
					2			3
7	8			5				
				6		7	2	1
	6				8			5
4						6		



ROTARY QUIZ

- 1) Where and when did RYLA begin?
 - 2) Young Exchange is one of Rotary's most popular and successful programs. When and where was the first exchange?
 - 3) Who initially designed the Rotary Wheel?
 - 4) Who created Rotary 4-Way Test?
 - 5) When was Interact, the Rotary Youth Programme was launched?
-

RIDDLES

What is more useful when it is broken?

February reflections

“Experiences at Ride For Rotary – 8th Edition”



During the weekly meeting held on 6th February, 2024, our member Rtn Suraj Hebbar Neria spoke about his experiences as a crew member in recently concluded Ride for Rotary- 8th Edition, which started from Udaipur in Rajasthan on 5th January, 2024 and ended at Goa on 17th January, 2024. He narrated the organisational difficulties in organising such a big event, difficulties faced, and also some funny incidences during the course of the ride.

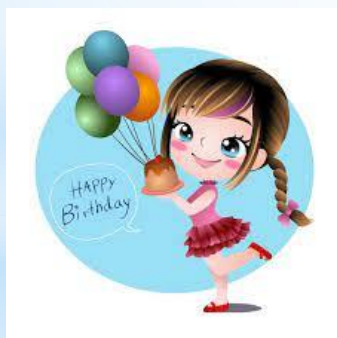
“It is not the destination where you end up but the mishaps and memories you create along the way.”

- Penelope Riley



BIRTHDAY WISHES TO OUR MEMBERS AND THEIR FAMILY MEMBERS

Rtn.SHILPA KEMTUR, W/O. Rtn. SURAJ N D HEBBAR	1st March
Ann.LAKSHMI S RAO, W/o. Rtn.SATHYAJITH S RAO	4th March
Ann.NIVEDITHA KAMATH, W/O. Rtn. NAGARAJ KAMATH	8th March
Jon KAUSTUBH, S/o Rtn. PRASHANT NAYAK	14th March
Rtn DR. SAVITHA GATTY, W/o Rtn UMESH	23rd March
Jon.ANISH S RAO, S/O.Rtn.SATHYAJITH S RAO	30th March
Annet.SHRIYAA BHANDARY, D/O. Rtn. GANESH BHANDARY	30th March



“Birthdays are a new start, a fresh beginning and a time to pursue new endeavors with new goals. Move forward with confidence and courage. May today and all of your days be amazing!”

MARCH – WATER, SANITATION & HYGIENE MONTH



Clean water is a basic need for human beings. When people, especially children, have access to clean water, they live healthier and more productive lives. However, at least 3,000 children die each day from diseases caused by unsafe water, which is what motivates our members to build wells, install rainwater harvesting systems, and teach community members how to maintain new infrastructure.

While very few people die of thirst, millions die from preventable waterborne diseases, providing the impetus for our members to also improve sanitation facilities in undeveloped countries. Members start by providing toilets and latrines that flush into a sewer or safe enclosure and then add education programs to promote hand-washing and other good hygiene habits.

From the various water projects in which Rotary has participated, we have come to know the obstacles that many people across the globe face when it comes to some of the basic necessities of life. We tend to take for granted the clean and generally safe and plentiful water sources to which we have access.

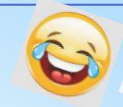
Rotary International, through the combined actions of individual Rotarians and Rotary Clubs, seeks to assure that all people have adequate access to clean and safe water. The Rotary theme for March, **Water and Sanitation**, asks us to focus on the life changing improvements that we can make through these international projects to provide a more readily available and healthy supply of water to all people.

Water and sanitation issues will certainly continue to be an area of focus for RI and deserving of our attention as Rotarians.


Rotary is dedicated to seven areas of focus to build international relationships, improve lives, and create a better world to support our peace efforts and end polio forever. Water and Sanitation is one of those seven areas of focus.



SMILEO.K. PLEASE



A fascinating play of words, for the linguist in you.. enjoyyyy!

1. My first job was working in an Orange Juice factory, but I got canned.. couldn't Concentrate!
2. Then I worked in the woods as a Lumberjack.. but just couldn't Hack it, so they gave me the Axe!
3. After that, I tried being a Tailor.. but wasn't Suited for it.. mainly because it was a Sew-Sew Job, and people liked to Hem and Haw about the price!
4. Next, I tried working in a Muffler factory.. but that was too Exhausting!
5. Then, tried being a Chef.. figured it would add a little Spice to my life. But, just didn't have the Thyme!
6. Next, I attempted being a Deli Worker.. but any way I Sliced it, couldn't Cut the Mustard!
7. My best job was a Musician.. but eventually I found that I wasn't Noteworthy!
8. I studied a long time to become a Doctor.. but didn't have any Patience!
9. Next was a job in a Shoe factory.. tried hard, but just didn't Fit In! 
10. I became a Professional Fisherman.. but discovered I couldn't live on my Net Income!
11. Managed to get a good job working for a Pool Maintenance Company.. but the work was just too Draining!
12. Then I got a job in a Workout Center.. but they said I wasn't Fit for the Job!
13. After many years of trying to find steady work, I finally got a job as a Historian.. until I realized, there was no Future in it!
14. My last job was working in Starbucks.. but had to quit, because it was the same old Grind!
15. SO, I TRIED RETIREMENT.. AND FOUND THAT I'M PERFECT FOR THE JOB.. LOVE IT!

**“Laughter is a best medicine – unless you are a diabetic,
Then insulin comes pretty high on the list.”**

- Jasper Carrott





There are many pathways to peace, and in Rotary, we are fortunate to have Rotary Peace Fellows who demonstrate this truth time and again.

Each year, Rotary awards up to 130 fellowships for leaders around the world to study peace and development, and what these peace fellows learn prepares them to work in conflict prevention and resolution and promote Positive Peace. Here are a few examples of the creative ways peace fellows advance peace:

Promoting sustainability - Alejandra Rueda-Zarate combined her Rotary Peace Fellowship in peace and conflict resolution

with her master's degree in energy and resources to support her dream of protecting the Colombian countryside. She founded the organization NES Naturaleza in 2011 to help farmers in Colombia and across rural Latin America gain access to knowledge and training to uphold sustainable farming standards. That support has improved the lives of nearly 4,500 farmers, inspiring many of them to become entrepreneurs. And it's helped promote both natural and social sustainability throughout Latin America.

Ending racism - Peace fellows Geoffrey Diesel and Kathy Doherty have applied their fellowships in peace and development studies toward co-founding the Racial Equity Project, a subcommittee of Rotary Positive Peace Activators in North America committed to studying ways to create a more peaceful society through anti-racism efforts. The Racial Equity Project takes a deep look into how the eight Pillars of Positive Peace could support efforts to address racism, and it works to spread this message to communities across North America. The organization initially grew from Rotary's strategic partnership with the Institute for Economics and Peace, a global think tank dedicated to promoting Positive Peace.

Managing disasters using data - Through a Rotary Peace Fellowship, Jamie LeSueur earned a master's degree in social science within peace and conflict research. He now leads emergency operations for the International Federation of Red Cross and Red Crescent Societies, setting a management and operational framework for agency collaboration in emergency response situations.

Jamie has found that research data is a powerful tool to bring calm to the complex world of disaster response. No matter what an organization's protocols might entail, letting research be the foundation for decision making helps clarify even the most complicated emergencies. These stories — and hundreds like them — show how Rotary is creating a generation of leaders ready and able to build peace worldwide. Nearly 1,800 peace fellows have graduated from Rotary Peace Centers, and they are applying their craft in more than 140 countries. May the continuing work of peace fellows and the Rotary members who support them inspire you to continue to **Create Hope in the World** through service, fundraising, and creative thinking.

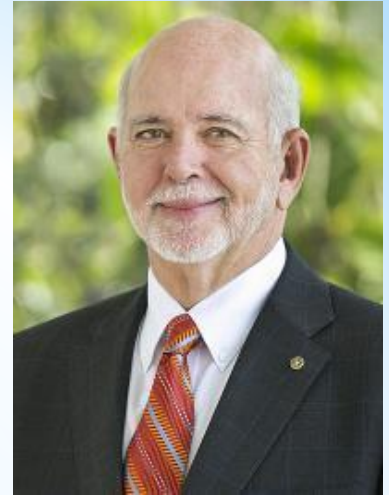
R. Gordon R. McNally

President 2023-24

TRF TRUSTEE CHAIR'S MESSAGE- MARCH, 2024

Rotary's focus turns to two themes this month. March is Water, Sanitation, and Hygiene Month, and we celebrate World Rotaract Week 11-17 March. Both WASH and Rotaract are near and dear to me.

Clean water, basic sanitation, and proper hygiene are fundamental human rights, yet a staggering 2.2 billion people still lack access to safe drinking water. We're taking action. Over the past decade, your Rotary Foundation has invested more than \$180 million in over 2,500 water and sanitation projects worldwide. Rotary is on the ground making a difference through global grant-supported projects funded by your contributions to the Foundation.



But Rotary can't do it alone. We have partnered with organizations like USAID to deliver large-scale solutions. The Rotary-USAID Partnership has helped thousands access water and sanitation services in the Dominican Republic, Ghana, the Philippines, and Uganda. Our Foundation is the connector for other water partnerships, too. This was the case when I worked with leaders from Rotary District 7020 to set up the Haiti National Water, Sanitation, and Hygiene Initiative, known as HANWASH. Foundation grants continue to play a critical role in our strategy of working with nongovernmental organizations, municipalities, and government agencies in communities throughout Haiti.

Rotary efforts to connect people with clean water go beyond providing a basic necessity. We are paving the way for healthier communities and brighter futures, and doing so in a sustainable manner. With access to water, communities enhance education levels, improve health, and further development.

When we talk about partnerships, we can't forget our closest ally, right here in the family of Rotary: Rotaract. The engagement, energy, and ideas of Rotaract complement the experience of Rotary clubs and increase our collective impact.

Yet many Rotary members still do not know that, as of 2022, Rotaract club activities can be included in district grants, and they are eligible for global grants, expanding avenues for collaboration.

I encourage all Rotary and Rotaract clubs to foster closer collaboration and engagement in our Foundation, whether it's rolling up their sleeves on a project or giving.



We all know that in Rotary, great opportunities are always around the corner. When you combine water and sanitation projects, Rotaract, and the Foundation, all will become a big part of your life, as they have in mine — and not just this month, but forever.

Barry Rassin

Trustee Chair 2023-24

ANSWERS TO BRAIN TEASERS

SUDOKU



8	7	4	5	2	9	3	1	6
3	5	1	7	8	6	2	4	9
2	9	6	1	3	4	5	8	7
6	4	3	8	7	1	9	5	2
5	1	9	6	4	2	8	7	3
7	8	2	9	5	3	1	6	4
9	3	8	4	6	5	7	2	1
1	6	7	2	9	8	4	3	5
4	2	5	3	1	7	6	9	8

ROTARY QUIZ

- 1) RYLA, the Rotary Youth Leadership Awards, began in 1959 by Rotarians from Queensland, Australia, organized a weeklong conference for outstanding young people. In 1971 the RI Board officially adopted RYLA as a youth program.
- 2) The first youth exchange was when the Rotary Club of Copenhagen (Denmark) arranged to host several American boys in 1921.
- 3) Chicago Rotarian Montague Bear.
- 4) Rotarian Herbert J. Taylor in 1932.
- 5) Interact was launched by the RI Board of Directors in 1962. The first Interact club was established by the Rotary Club of Melbourne, Florida.

RIDDLES

'An Egg'